

# Men's Adventure Retreat

## "In union there is strength"-Aesop

- What:** A group of men on a weekend adventure
- Why:** To redefine the current concept of masculinity by creating a challenging and supportive environment to awaken and empower our authentic selves.
- When:** Friday January 20<sup>th</sup> 5:00 PM thru Sunday January 22<sup>nd</sup> 3:00 PM
- Cost:** \$345.00 (includes lodging, food, transportation, etc.) **Deposit to hold spot due on 11/11/16**
- Where:** Depart from Elmhurst IL going to ....you'll see
- Who:** Facilitated by Frank Naugo ([frankn@smalley.com](mailto:frankn@smalley.com)) & Todd Adams ([toddadams1@sbcglobal.net](mailto:toddadams1@sbcglobal.net))

[Click here to catch a glimpse of Tribe Retreat 2015](#)

[Click here to catch a glimpse of Tribe Retreat 2014](#)

### Brief Summary of what can be expected

Connecting with and exploring nature	Small group discussion and activities
Trust building	Campfire and storytelling
Mindfulness practice	Play



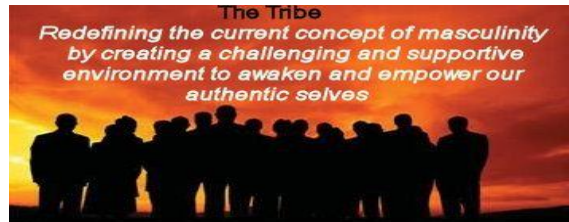
*Unplug*



*Unwind*



*Recharge*



## Men's Retreat Application

Name:

Email:

Phone:

Why are you interested in being a part of this retreat?

What are you hoping to gain? What resonated with you in the description?

What do you feel you can provide or share with the group? (Talent, skill, interest, hobby, personality trait, expertise...)

I understand that we will be gone from Friday 6 pm till Sunday evening, and need to be available that entire timeframe.

I understand that I'll need to pay \$345.00 by Jan 7<sup>th</sup>. Sorry, no refunds. \*\*\*Payments plans/Scholarships are available.

\$50.00 deposit to reserve your spot by November 11th. Mail a check to Todd Adams 169 N. Hampshire Elmhurst, IL 60126 or via paypal @ toddadams1@sbcglobal.net

I understand that this is an unplugged retreat, meaning no iPads, laptops, etc.

I understand that this is a dry-retreat, meaning no alcohol.

Anything else Frank & Todd should know?

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Printed Name

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Signature

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